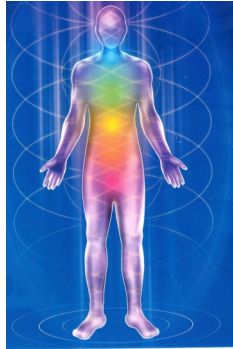


How can Eden Energy Medicine Help Me In My Life and Health?

While Eden Energy Medicine does not diagnose or “cure” illnesses, the modalities it encompasses have shown over thousands of years that working with the body’s energies can help to:



- Relieve Pain
- Sharpen Your Mind
- Relieve Stress
- Decrease Anxiety
- Improve Digestion
- Relieve Allergies
- Manage Weight
- Strengthen the Immune System
- Alleviate Sleep Disorders
- Help Accelerate recovery from Illness or Surgery
- Enhance Wellness
- Over come life-long blockages and repetitive self-defeating beliefs and patterns of behavior
- Recover from Post Traumatic Stress Disorder
- Diminish the effects of Chronic Fatigue
- Embrace life with greater joy and peace.

“My life long quest since that time has been to unravel the mystery of why some people do not heal and others go on to live with vibrant and radiant health.”

Rev. David H. Baird

Rev. David H. Baird, M’Div, EEM-CP

I have been a student of healing for most of my life. I Started with studies in college with psychology, followed by Pastoral Counseling and then Post Graduate studies in Holistic Human Development. I became deeply involved in assisting people recover from trauma, abuse and cope with significant health challenges like Aids and Cancer. In my role as Chaplain I accompanied people with terminal diagnosis where I witnessed many people who did not make it but also others who recovered despite all the odds.

My life long quest since that time has been to unravel the mystery of why some people do not heal and others go on to live with vibrant and radiant health.

After studying with some of the leading energy teachers and healers over the past 40 years I have come to believe that the teachings of Donna Eden and Eden Energy Medicine are the most comprehensive answer to that life long quest.

Quite simply, I believe that Eden Energy Medicine can transform your life; Body, Mind and Spirit and enable you to embrace Radiant Health and Well-Being. I invite you to discover it yourself.

Padre’s Healing Hands Rev. David H. Baird

Practicing at:
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E-mail: dbaird@msn.com

Eden Energy Medicine Quantum Healing for Today’s World

- ☯ Heart Of Kindness
- ☯ Ancient Wisdom
- ☯ Sacred Touch

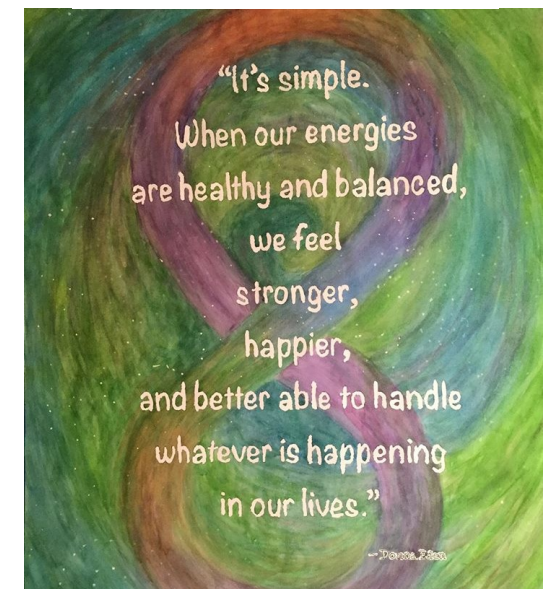


Rev. David H. Baird Pastoral Counseling & Energy Healing

For the Body, Mind and Spirit

860-465-6414

Dbaird@msn.com



Eden Energy Medicine

"Energy Medicine is the future of all medicine." C. Norman Shealy MD
Founding President of the American Holistic Medical Association

So.... What Is Energy Medicine?

- It is a technique of working directly with the body's energy systems to assist in creating health, wellness and balance.
- It is a complete system of self-care and is a powerful tool in the hands of a trained practitioner.
- It is the ideal complement to conventional medical treatments, often helping them to become more effective.
- It teaches easily learned methods to help activate and promote the body's natural healing abilities

All these help people to reclaim radiant health and optimum performance.

In Eden Energy Medicine, energy is the medicine and energy is the patient. Energy interventions heal the body (energy as the medicine) and also repair disrupted energy patterns (energy as the patient)

- Innersource



To learn more about Donna Eden, a renowned healer who has taught more than 80,000 people world wide and written Energy Medicine, now available in 15 languages, please visit : WWW.Innersource.net.

How is Energy Medicine Used?

- In Energy Medicine we heal the body by encouraging it's natural healing energies by restoring energies that have become exhausted, disorganized, stuck, blocked, unstable or out of balance back to their natural state.
- This creates a harmonious energetic environment within the body that supports health and vitality.
- Energy Medicine has developed reliable assessment tools to evaluate energy systems, how they interact with each other and how they influence your current health. From this assessment a personalized plan can be developed to help you address, in a holistic manner to help you embrace optimum health.

"Energy Medicine is the next big frontier in Medicine." Mehmet Oz, MD

Padre's Healing Hands Offers:

- Eden Energy Healing Sessions combining Energy Medicine, Counseling and Energy Psychology for addressing concerns of body, mind and spirit
- Eden Energy Medicine Classes for Groups.
- On-going Eden Energy Medicine Study Group

How Energy Medicine Works

Energy Medicine works to increase your overall vitality that helps to optimize cell, organ and bodily repair. The flow, balance and harmony within your energy systems can be strengthened and maintained by:

- Tapping, massaging, pinching, twisting or connecting specific energy points (acupressure points) on your skin;
- Tracing or swirling a hand over the skin above specific energy pathways or centers;
- Exercises or postures designed to activate specific energy pathways and centers;
- Focused use of mind to move energies.
- Surrounding an area with healing energy.

An Eden Energy Medicine Practitioner is trained to do these in a comprehensive and integrated approach. They are also trained to teach these techniques to enable their clients to practice back-home, self-care activities to reinforce and continue the healing process.



What Can Energy Medicine Do For Me?

- Energy Medicine can address physical and Emotional Challenges
- It is used in professional sports to promote a high level of wellness to help people attain peak levels of performance
- It can send healing energies to areas of your body that need attention
- It can help you embrace Radiant Health and Joy